

FIRST NAME, LAST NAME : JANET S. REGUINDIN-ESTELLA
OFFICIAL DESIGNATION: ASSISTANT PROFESSOR
CONTACT INFORMATION
• OFFICE ADDRESS: (RM 2101, Pavilion 2, Palma Hall, UP Diliman) • PERSONAL WEBSITE:
EDUCATION
• BA History University : University of the Philippines Diliman Year: 2003 • MA History University: University of the Philippines Diliman Year: 2009 • PhD History University of the Philippines Diliman Year: 2022
PROFILE (150-200 words): Janet S. Reguindin-Estella is an Assistant Professor at the University of the Philippines Department of History. In 2012, she was awarded the Young Historian's Prize by the National Commission for Culture and the Arts (NCCA). She currently serves as the Secretary of Asosasyon ng mga Dalubhasa, May Hilig at Interes sa Kasaysayan (ADHIKA) ng Pilipinas, Inc. and the General Education (GE) Coordinator of the UP Department of History.
RESEARCH INTEREST: Life history, women's history, and local and environmental history of Zambales.
TEACHING
• TEACHING PORTFOLIO: Learning Resources Developed: NA New Courses Developed : NA Revised Academic Courses: NA Courses Taught: Kas 1 (Kasaysayan ng Pilipinas) Kas 162 (US History I)

Kas 163 (US History II)
Kas 301 (Seminar on Local/Oral History)

RESEARCH WORK

- **PUBLICATIONS**

Book:

Ubaldo, Lars Raymund C. and Janet S. Reguindin-Estella. (eds.) (2024) *Ilaya-Ilawod Ang Bayan sa Harap ng Hamon ng Kolonisasyon*. ADHIKA ng Pilipinas, Inc and National Commission for Culture and the Arts.

Jose, Mary Dorothy dL., Janet S. Reguindin-Estella, and Wensley Reyes. (2022). *Kuwentong Kababaihan: Mga Huwarang Babae ng PNU*. University Center for Gender and Development. Philippine Normal University.

Journal Article:

Reguindin-Estella, Janet S. (June 2024). "Pagpapalawak ng Edukasyong Pangkagubatan sa Konteksto ng Zambales (1909-1939)" *Journal of Philippine Local History & Heritage*. 10(1). pp. 44-84.

Monograph:

Human Rights Violations Victims' Memorial Commission. (2024). *Essential Truths about the Destruction of the Environment During the Martial Law Era (1972-1986)*. Essential Truths Series 7. Human Rights Violations Victims' Memorial Commission.

Book Chapter

Reguindin-Estella, Janet S. (2024). "Road to Political Empowerment: Women's Organizations and the Fight for Suffrage." In Camagay, Ma. Luisa T. (ed.) *More Pinay Than We Admit 2*. Quezon City: Vibal Foundation, Inc. pp. 115-127.

Reguindin-Estella, Janet S. (2024). "Tugon sa Pananakop: Mga Pag-aalsa laban sa Kolonyalismong Espanyol." in Ubaldo, Lars Raymund C. and Janet S. Reguindin-Estella. (eds.) (2024) *Ilaya-Ilawod Ang Bayan sa Harap ng Hamon ng Kolonisasyon*. ADHIKA ng Pilipinas, Inc and National Commission for Culture and the Arts. pp. 243-251.

Reguindin-Estella, Janet S. (2023). "Pamanang Bayan at mga Halagahing Kultural: Pagtuturo at Pag-aaral ng Kasaysayan ng Pilipinas sa Kontekstong Lokal." in Villan, Vicente C., James Mozart Amsua, Susan Depiedra. Kaagi ug Kabilin: Pagsipat sa mga Estadong Bayan at Sirkumnabigasyon sa Kasaysayan at Kalinangang Pilipino. pp. 222-233.

- **CONFERENCES**

Paper Presenter, ika-33 Pambansang Kumperensiya ng mga Mag-aaral ng Kasaysayan. Halin: Pagsasakasaysayan ng Diaspora at Pandarayuhang Pilipino. 07-08 November 2024. School of Statistics Auditorium, UP Diliman, Quezon City. Presentation Title: Puwersang Paggawa Bilang Eksport Pambansa: Mga Patakarang Pang-migranteng Manggagawa sa Ilalim ng Diktaturang Marcos (1974-1982).

Pakitang Turo, ika-35 Pambansang Kumperensiya sa Kasaysayan at Kalinangang Pilipino. Gumuntang: Mga Kalakaran sa Kasaysayan at Kalinangang Pilipino noong ika-19 na Siglo. 28-30 November 2024. University of the Philippines Cebu. Presentation Title: Kasaysayang Lokal sa Pagtuturo ng Kasaysayan: Pagsusuri sa Historical Data Papers bilang batis sa Pagbubuo ng Kasaysayang Lokal ng Zambales.

Paper Presenter, Philippine Historical Association Annual Conference 2024. Kasaysayan ng Kasaysayan: Mga Historiograpiya ng Kasaysayang Pilipino mula 1955. 19-21 September 2024. University of the Philippines Los Baños. Presentation Title: Si Dioscoro L. Umali at ang Kanyang Ambag sa Araling Pangkapaligiran at Pang-agrikultura (1958-1992).

Paper Presenter, 13th Conference of the European Association for Southeast Asian Studies (EuroSEAS), 23-25 July 2024, University of Amsterdam, The Netherlands. Presentation Title: Women and Nationalism: Comparative Analysis of Salud Algabre's Written Life History

Paper Presenter, Unsettling Certainties The Fourth Biennial Conference of the Society for the History of Emotions. 28 November - 01 December 2023. University of Adelaide, Australia Presentation Title: Coping through Remembering: Death Practices of the Ilocanos of Northern Luzon, Philippines

Paper Presenter, AAS in Asia 2023, Asia in Motion: Memory, Preservation and Documentation. 24-27 June 2023. Kyungpook National University, Daegu, Korea. Presentation Title: Representations of Filipino Women in European Travel Accounts

Paper Presenter, Philippine Studies Conference in Japan (PSCJ) 2022. 26-27 November 2022. The University of Tokyo, Komaba Campus. Presentation Title: Women as Social Workers: Feminist Movements and their Roles in the Institutionalization of Social Work in the Philippines

- **RESEARCH AWARDS**

Name of Award: PhD Incentive Award

Project Title: “Bayan at Kagubatan sa Hamon ng Kolonyalismo: Paglalangkap ng Kasaysayang Pangkapaligiran sa Kasaysayang Pampook ng Zambales (1901-1936)”

Award Giving Body: Office of the Vice Chancellor for Research and Development (OVCRD) Research Management Office, UP Diliman

Year: November 2024-November 2025

Name of Award: National Young Historian’s Prize

Research Title: “Si Dr. Disocoro L. Umali (1917-1992) at ang kaniyang Ambag sa Sektor ng Agrikultura sa Pilipinas

Award Giving Body: National Commission for Culture and the Arts (NCCA)

Year: 2012

PUBLIC SERVICE AND EXTENSION

- **SERVICE TO THE DISCIPLINE**

Reviewer

Daluyan: Journal ng Wikang Filipino

Journal of Sentro ng Wikang Filipino, UP Diliman

January 2025

Makiling Review

Journal of the Department of Humanities, UP Los Baños

May 2023

TALAS: An Interdisciplinary Journal in Cultural Education

Academic Journal of the National Commission for Culture and the Arts
(NCCA)
December 2023

Editorial Board: NA

Technical Committee Membership: NA

Membership in Academic Organizations

Asosasyon ng mga Dalubhasa, may Hilig at Interes sa Kasaysayan (ADHIKA)
ng Pilipinas, Inc.

Secretary

2023 – present

Resource Speaker

Joint In-Service Training (INSET) During the Mid-year Performance
Review and Evaluation (MPRE)

Department of Education Region III - Schools Division of Zambales
San Miguel National High School and Naugsol Integrated School
February 14-18, 2022

Resource Speaker

"Schools Division Project RECLAP: KAS Online Makabagong
Pamamaraan ng Pag-aaral at Pagtuturo ng Kasaysayan"
Webinar Series

Department of Education Region III - Schools Division of Zambales
June 21-23, 2021

Evaluator/Judge/Examiner

Judge

Tagisan ng Talino (KaKASa ka Ba? 2025)

Organized by UP Lipunang Pangkasaysayan

UP Integrated School

29 March 2025

Examiner

University of the Philippines College Admission Test (UPCAT)
UP Bonifacio Global City (UP-BGC)
August 2024

- **SERVICE TO THE UNIVERSITY**

Membership in Committees**Coordinator**

General Education (GE) Committee
UP Department of History
September 2024 - present

Coordinator

Gender and Development (GAD) Committee
UP Department of History
September 2023 - present

Member

Undergraduate Committee
UP Department of History
December 2023 – present

Registration Adviser

BA History Batch '24
UP Department of History
July 2024 - present

Mentorship of Student Organizations**Faculty Co-Adviser**

UP Lipunang Pangkasaysayan

August 2024 - present